

Written by Lisa Young and Clifford Paul

Translation by Barbara Sylliboy Illustrations by Dozay Christmas Published by Unama'ki Institute of Natural Resources © Unama'ki Institute of Natural Resources 2014

Acknowledgements

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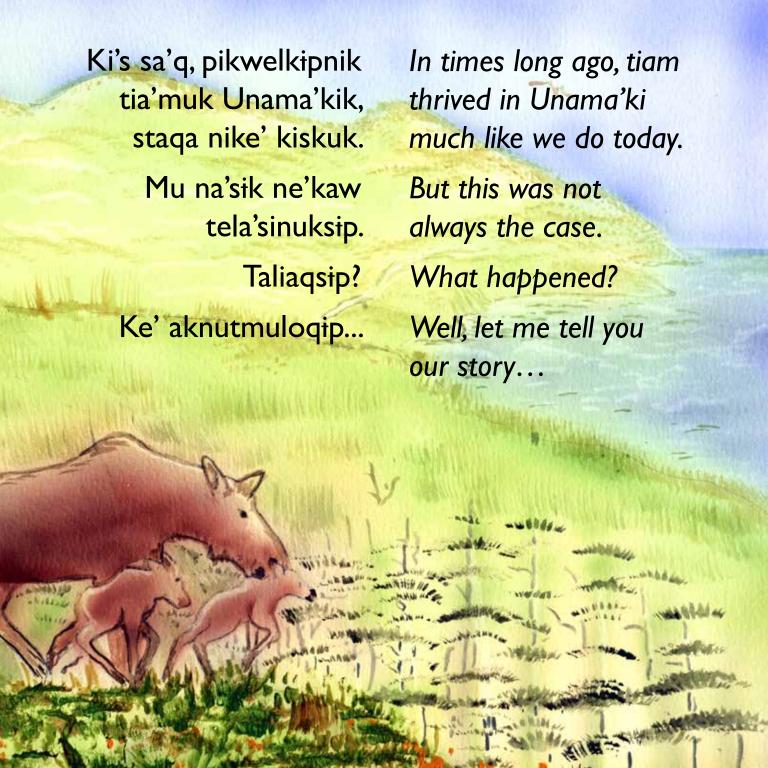
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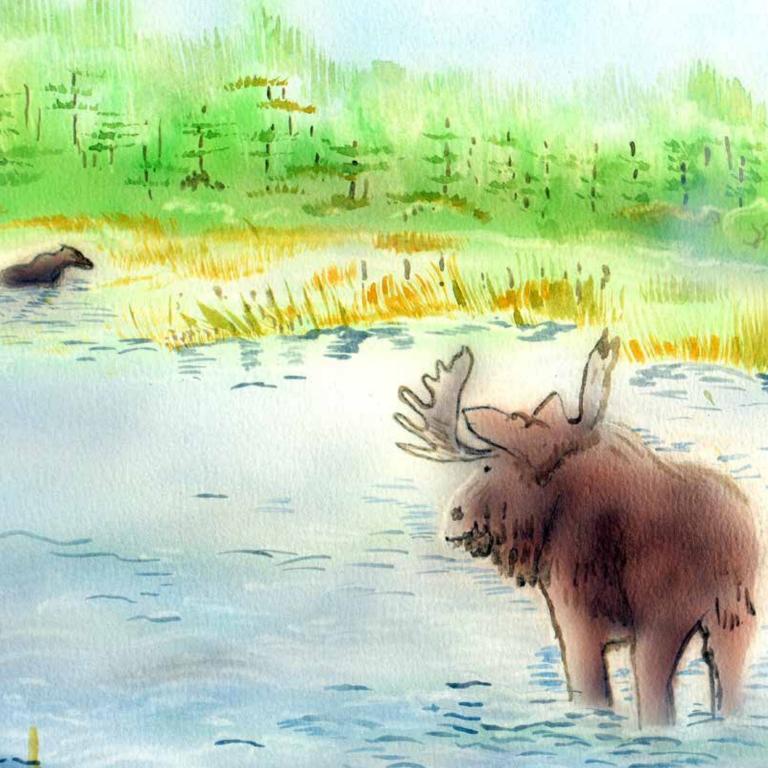














Kesik naji-mtue'k we'jitumk mijipjewey na tujiw malqumkitjikkmu'jk wejkwi-saqalia'tijik, aq elmiaq awsam-kewisinultiek malqumatesnen pqwa'w.

In the cold winter months, food is harder to find but we survive on tree shoots and, if we're really hungry, we eat bark.

Maw-wikpik snawey, nimnoqn, wisqoq aq stoqnk.

Mmmmmm, wiklkik.

Kejitu'n etuk nike' pasik saqliaqewe'l malqutmekl.

Na'tamiaw 21 kilograms kespa'tuek na'kwek.

Some favourites of mine are maple, birch, mountain ash, and balsam fir.

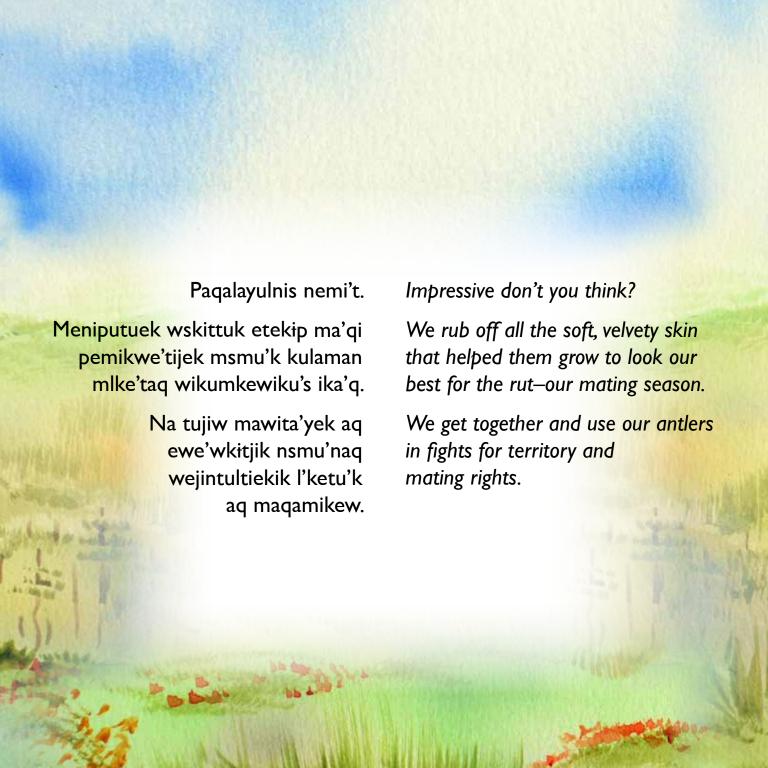
Mmmmmmm. Delicious.

You might have guessed by now that we are herbivores.

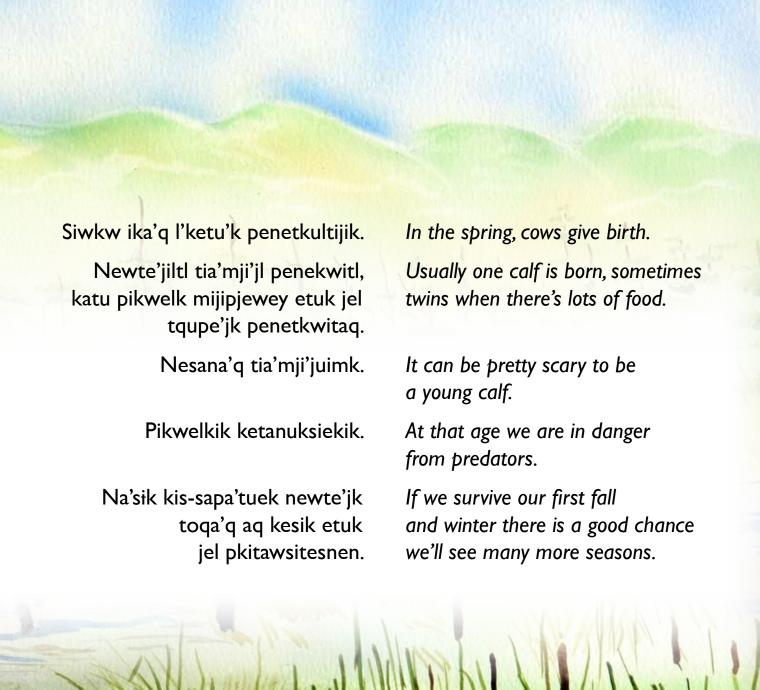
That means we eat plants and we can eat up to 21 kilograms a day.



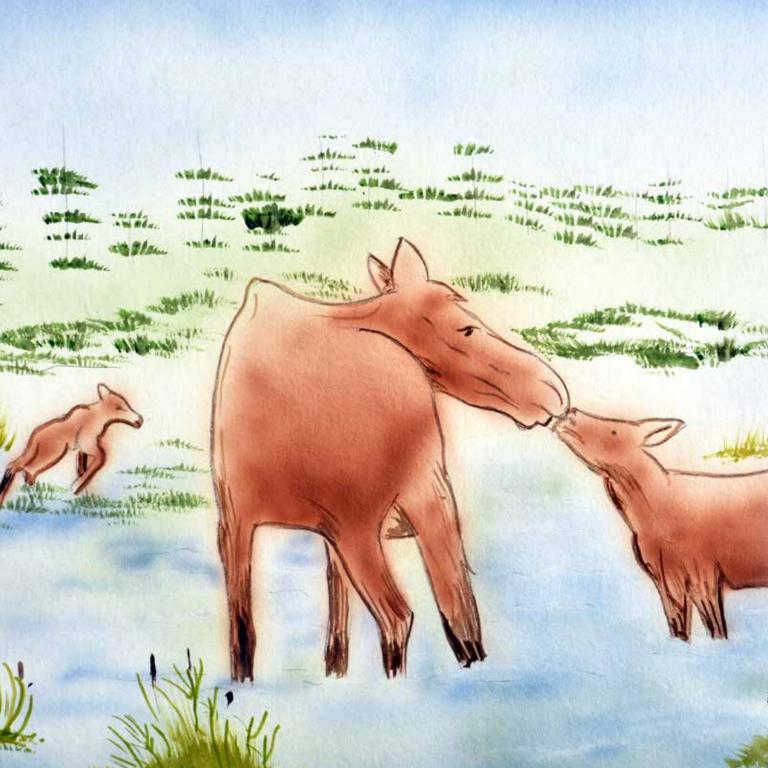












Tia'muk mu elue'wulti'k na'sik wli-anko'te'n mu wekaya'lawt alitkweywaj wunijan!

Kjijitutesk tia'm elue'wamukwa'sit, qama'sik wusapun wpaqmk kisna wsituaqnn nisa'toq.

Na tela'tekej epukjik ajine'sk.

Etuk jel weji-wtayask katu tepias wessimkwan!

Tiam are not usually aggressive but if you mess with a cow's baby, you better watch out!

You'll know you're in trouble if you see us put our ears back or the hair on our backs stands up.

It's a sign that we might charge.

It might be just a warning, but it's a good idea to get out of there!



Meskilultiek na.

Matto'law kis-tli-ksukulk 600 kilograms katu na'tamiaw 450 kilograms elia'tijik aqq lkwetuk na'tamiaw 360 kilograms eliet.

Kisi-wsitqamuit tia'mji'j teliksukulk 12 kilograms.

Meskilultiek aq telamuksiek pawnma'tinen katu tia'm kisi-ketkwi'k 55 kmph!

Tlia'j na meskilultiek me' eymu'tijik wiswiknemuksiekik aq ketanuksiekik staqa muink aq paqtismk.

Katu L'nu mawi-ksiktanuksiek.

As you can see, we are BIG.

Bulls can weigh as much as 600 kilograms but usually we weigh about 450 kilograms and cows 360 kilograms.

When we are born we weigh around 12 kilograms.

We might look large and clumsy but an adult tiam can run up to 55 kilometres an hour!

Despite our size, we still have a few natural predators such as black bears and coyotes.

Our number one predator in Unama'ki is man.

Tia'muk ne'kaw keknue'kik wjit L'nu'k, Lnu'k na mawi-amskwesewaq wskwijinu'k kmitkinaq.

Tiam are very important to the Mi'kmaq, the first people of this land.

Amskwes, Tia'muk aq L'nu'k mawo'ltipnik aq wela'matultipnik wsitqamu'k. At one time, tiam and the Mi'kmaq lived in harmony with the natural world.

L'nu'k pasik ketana'tipnik tepiejik tia'muk mimaju'nsultinew.

They took some of us, but only as many as they needed to survive.

Telui'tmumk ula netuklimk—
pasik tepiaq wesua'tumk
wsitqamu'k wejiaq
mimaju'nsultinew nekmowk
aq wikmawaq, Naqtmi'tij
weskwiaq wsitqamuey
wlapesultinew kikmanaq
aq tia'muk elmi'knik.

This is called netukulimk—
to provide for yourself and family
while making sure that Nature's gifts
remain to nourish both people
and tiam for generations to come.





Kaqi'sk nutaqik L'nu'k a'tukutijik nu'te'nmaqan-iktuk, ta'n telua'tijik jeh klusuaqnnmual paqtukowa'qkl.

Ketu' nutmoq a'tukwaqn wjit amskwesewey tia'm?

L'nu'k na eliwsultijik kisoqe'k ta'n tujiw kesik ika'q.

Kelu'k tujiw ketantumk nme'juey, npisunn aq minijkl.

Msit wen wi'kipalatl Kisu'lkl wjit te'sik mijipjewey kis-mawo'tu'tij.

I have heard many stories shared among the Mi'kmaq as they gathered around their fires, their voices carrying over the still waters.

Would you like to hear the legend of the first tiam?

As was tradition, the Mi'kmaq moved their summer camps inland for the cold weather.

It was a good season of harvesting seafood, berries, medicines, and the like.

The families thanked the Creator for such bounty.



Na ne'wt ke'sk etli'ka'tij, wisqiw metu'na'q aq pastek wastew maqamikew-iktuk.

Sespeta'sultijik wenik.

Awsami nqasi-i'kaq kesik aq mna'q me' tepianuk wius kisi-mawo'tu'tij mi'soqo siwkw. One day while setting up camp, a heavy storm hit unexpectedly and blanketed the earth with thick, heavy snow.

The families were worried.

Winter had come early and they didn't have enough meat to survive until spring.



Na sma'knisk aq ktantekewinu'k alasutma'tijik, etama'titl Kisu'lkl apoqnmakunew.

> Kisapniaq nemia'titl meskilkl kelu'sitl waisisl kaqamilitl kikjuk eymu'ti'tij.

> > Tia'm alpukuit etekl wikuoml kikjuk nipuktuk.

Ktantekewinu'k elta'titl aq pipanima'titl, "Ki'l net petkimisk Kisu'lkw aji-apoqnmuinen sapa'tunen kesik?" The warriors and hunters prayed to the Creator for help, in the ancient way.

The next morning a beautiful animal appeared.

Tiam was standing outside their wigwams at the edge of the forest.

The hunters approached and asked, "Are you the gift from the Creator to help our people survive the harsh winter?"





Tia'm telimajik, "E'e."

"Katu nespiw pekisituloq kinua'taqn."

Tia'm telimajik L'nu'k,

"Iknmultoqsip mimajuaqnm
kulaman wjimimajultitoqsip,
wji-kneta'toqsip aq wjitutoqsip
lukwaqne'l ewe'wmoq ntinin,
ankoweym aq waqn'teml,
kisitutoqsip amalikk koqoey
ewe'woqik nsmu'k."

Tia'm telimajik, "Katu amujpa tmk ila'matulti'k."

"Indeed I am," replied Tiam.

"But with this gift I bring a message."

Tiam told the people, "I will offer my life so that you will have nourishment from my meat, clothing and utensils from my bones and hide, and tools and crafts from my antlers."

In return Tiam asked the people to enter into a sacred trust.



"Ni'n elui'tmasi ne'kaw apoqnmulinew.

"I promise to always be here for you.

Katu kilew amujpa elui'tmasultioq menaqaj ktaninew. But, you must promise to harvest me with love in your hearts.

lka'tutoqsip pekitnmatimkewey wjit ntinin.

Make an offering over my body.

Alasutma'tioq aq kepmite'tmoq njijaqamij.

Pray and honour my spirit.

Amujpa menaqaj ewe'wmoq aq menaqaj telo'tmoq msit koqoey weja'tuioq.

Use all parts of me and treat me with respect.

Elmiaq wanta'suatmoq tela'matulti'k ula na nqalultoqsip aq ma' elam apaja'siw." If you forget your promise, I will leave you and never return."

L'nu'k keta'mua'titl aq weji-pqutamkiaq teleyatulti'tij.

The people agreed and this began an ancient alliance of mutual respect.

Mi'soqo kejikawike'l 1900'sek poqji-pilua'sik telo'ltitij.

By the 1900s a lot had changed.

L'nu'k awanta'suatmi'tij kis-elui'tmasultipnik na Tia'muk suel ketmenupnik Unama'kik. Sadly, the promise was forgotten and tiam almost disappeared from Unama'ki.

Na 1940'sek Kanatewe'l Elikasuti'l petkima'tisnik 18 tia'muk petkimusnik, wetkimujik itkisnuk Alberta, na tetuji pewatmumk apatqatmu'tinew tia'muk Unama'kik.

So, in the 1940s, Parks Canada brought 18 of my relatives here from Alberta, hoping that tiam would thrive once again.

Pujain-iktuk nuji-kla'qa'lua'tijik peji-witwa'mua'tisnik.

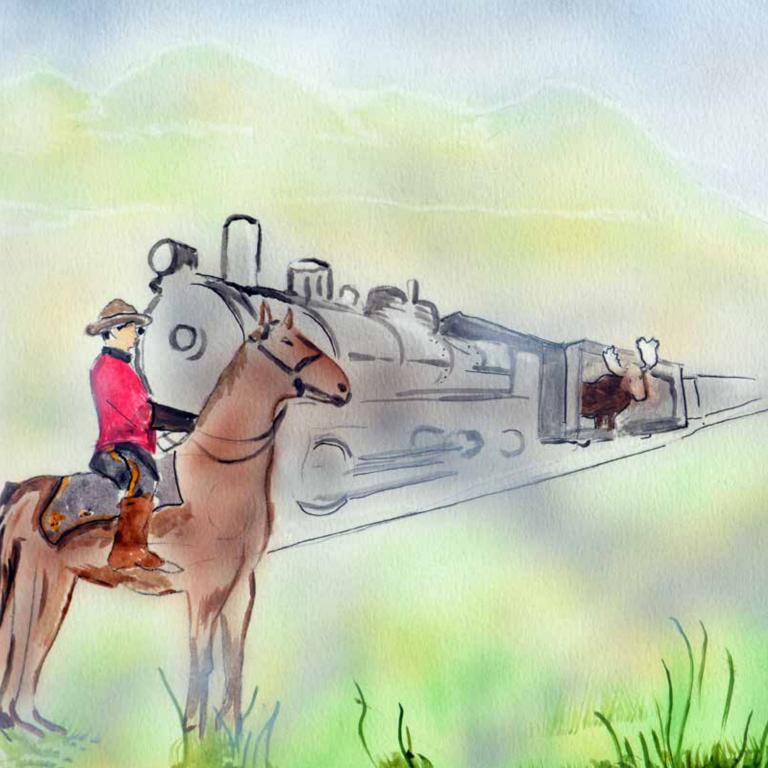
The tiam came here by train, escorted by the Royal Canadian Mounted Police.

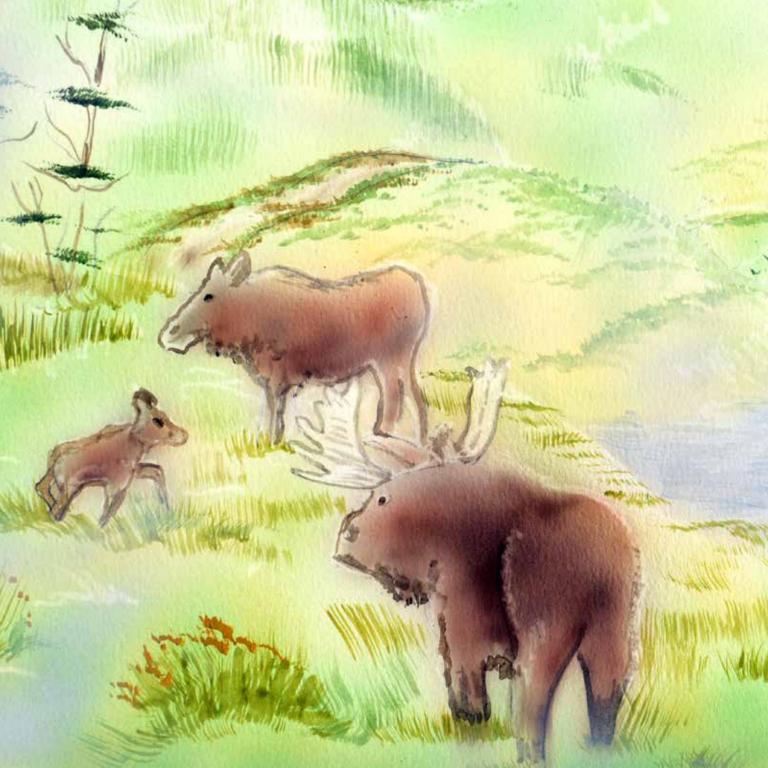
Welqatmu'tipnik tia'muk aq klapis poqji-pikwelkipnik.

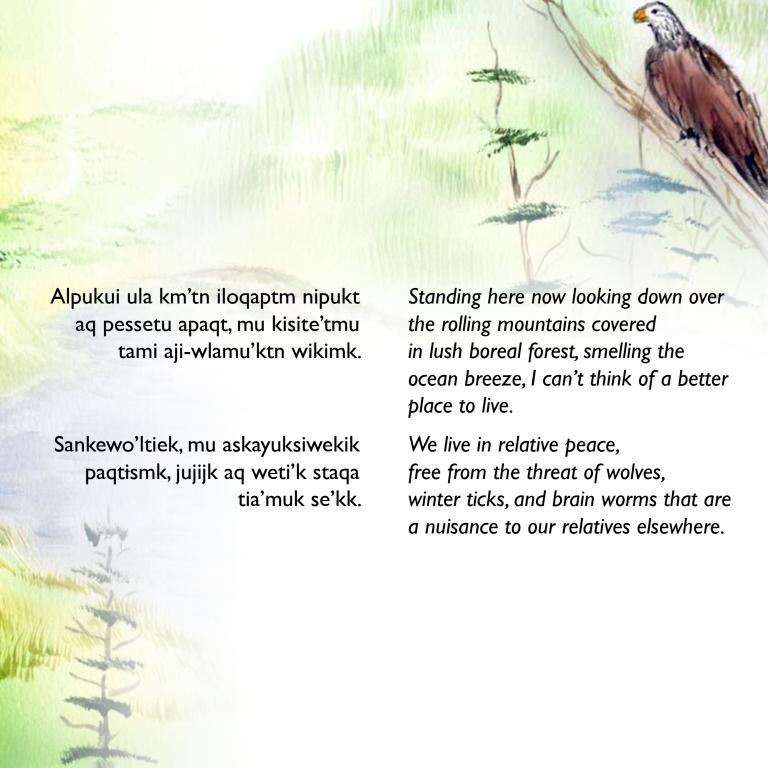
We liked it here and over the years, our population grew.

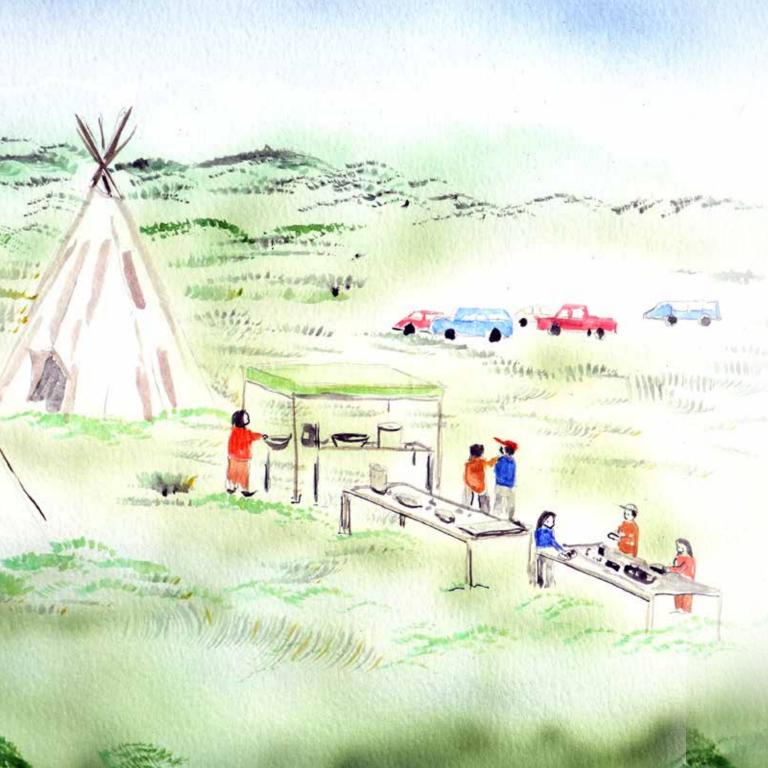
Nike' na'tamiaw 5000 te'siek tia'muk Unama'kik.

Now there are around 5000 tiam living in Unama'ki.









Toqa'q L'nu'k aq witapuaq mawita'jik wjit wi'kipaltimk.

Nutmumk wsikewo'qn aq a'tukwaqnn.

Weskuma'tijik tia'muk aq ta'n tl-maw-lukutimtaq apaja'tunew netuklimk.

Ki's app tepiejik tia'muk eymu'tijik wulapesultinew kikmanaq elmi'knik.

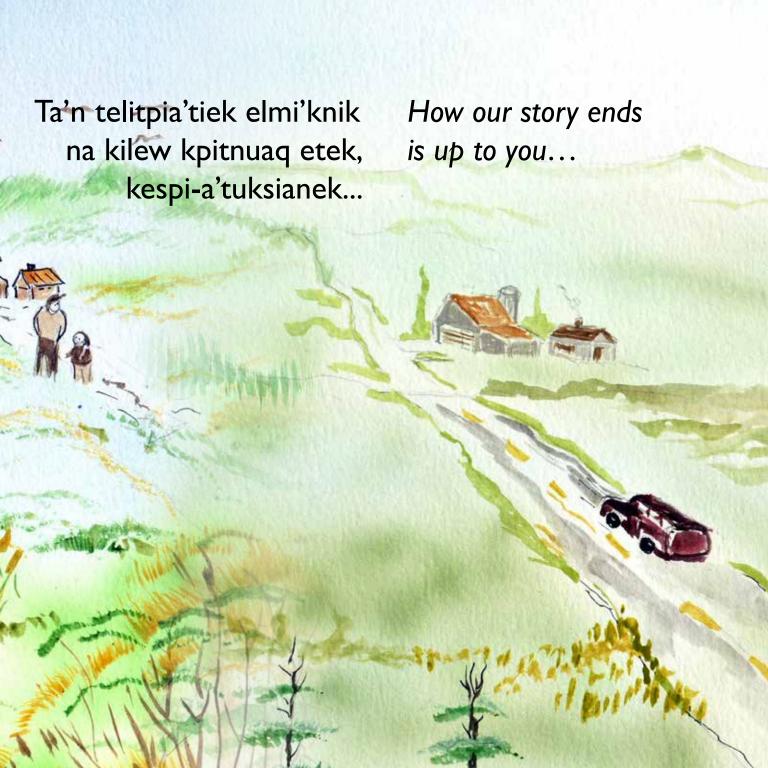
Every fall the Mi'kmaq and their friends gather for a feast.

The air is filled with laughter and stories.

Mostly they talk about us and how they are working together to bring back the practice of netukulimk.

Once again there is hope that tiam will be here for generations to come.







Lisa Young is a Mi'kmaw from the community of Membertou. She lives in Eskasoni with her husband, Richard 'Buddy' Young, and two children, Maria and Spencer.

After graduating in 1998 with a Bachelor of Science in Biology from York University, Ontario, she began working with Unama'ki First Nations on natural resource management issues. One of her first responsibilities was participating in the moose management initiative, assisting Parks Canada and DNR with moose population studies in the Highlands.

She spent many hours in helicopters and fixed-wing aircraft conducting population counts, and tracking moose collared with GPS.

Lisa also assisted in coordinating meetings with Mi'kmaw communities and government that led to the development of early moose management guidelines. Lisa is the Executive Director of UINR and enjoys working with the Unama'ki communities on a wide range of environmental issues such as water quality, forestry, wildlife and fisheries.

Clifford Paul hails from Membertou. An outdoorsman most of his life, Clifford became interested in natural resource management while a student at Cape Breton University. He began working with UINR in 2005 where he took on the role of Moose Management Coordinator.

To engage communities in Nova Scotia, Clifford serves as a moderator at community sessions to promote discussions on Mi'kmaw involvement on moose issues. He incorporates traditional practices into the building blocks to develop a Mi'kmaw-led moose management plan.

Clifford is a father to five adult children and grandfather to nine, with a tenth on the way. Table tennis, archery, hockey, golf, and bowling are his sports along with hiking, hunting, fishing, and adventuring. Clifford is a skilled photographer and craftsperson, and spends time working with youth on interpretive hikes and chaperoning youth events.

Teaching Mi'kmaw youth to become traditional harvesters for their communities, Clifford, his brother Danny, and other community harvesters take youth out every fall to teach survival skills, setting up a teepee, community harvesting, safety, moose behaviour, moose calling and tracking.



Arlene Christmas (Dozay) spent much of her life cultivating a passion for art. Growing up in western New Brunswick on the Tobique Reserve, Dozay is the middle child in a large family.

At eighteen, she left the banks of the Tobique River to pursue a formal education at Nova Scotia College of Art and Design. Although she always displayed an interest in art, her initial intention was to pursue a career in education.

It wasn't until her third year at NSCAD that Dozay decided to switch to the fine arts program and pursue a full-time career as an artist.

Dozay has created and displayed her work at galleries and exhibits across the Maritimes, Ontario, Europe, Australia and the United States.



Barbara Sylliboy is a Mi'kmaw educator from Eskasoni First Nation. She is employed with the Eskasoni School Board as a Mi'kmaw Language Curriculum Developer for the Ta'n L'Nuey Etl-mawlukwatmumk/ Mi'kmaw Curriculum Development Project.

Barbara is a fluent Mi'kmaw speaker and writer and, in her spare time, has worked on the translation of various government documents and the stories "Work in Our Time" on the Cape Breton CAP site.



UINR has other publications on moose and other topics including: Environmental Stewardship, Natural Resource Management, Traditional Mi'kmaw Knowledge.

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